



# TAKE-AWAY ANYTIME

Call us - 612-724-4700

## Spuntino

Italian for snack...they make for a great light snack or as a starter to share.

**Bruschetta** - A blend of tomatoes, basil, garlic, olive oil, balsamic, and parmesan cheese served with baguette.....\$5.95

**Formage Trois** -A selection of three cheeses served with fruit slices, olives and baguette.....\$6.95

**Artichoke Ramekin** - Creamy mix of artichoke hearts, garlic, and cheese baked golden brown served with baguette.....\$6.95

**Olvies Assorties** - Select imported olives served with baguette.....\$3.95

**Hummus Piastra** - Our homemade hummus served with olives and toasted pita wedges. **Traditional** or **Black Bean**.....\$5.95

**Tapenade Piastra** -Our Homemade tapenade with toasted pita wedges. **Mediterranean Olive** or **Sun-Dried Tomato**.....\$6.95

**Tre Generi Piastra** - Hummus, Olive Tapenade and cheese served with fruit slices, olives, and toasted pita wedges.....\$8.95

**Vendura Piastra** - Vegetable medley **steamed** or **raw** serve with a balsamic dipping sauce.....\$4.95

**Chips & Salsa** - Corn tortilla chips and our homemade salsa.....\$2.95

**Black Bean Dip** - Spicy black bean dip with diced avocados, sour cream, and our homemade salsa served with corn tortilla chips.....\$5.95

**Crustini** - Toasted baguette slices topped with olive tapenade, bruschetta, and melted parmesan cheese.....\$6.95

**Arroito Garlic** - Sweet and savory roasted garlic served with baguette.....\$4.95

Add a Side Salad or Cup of Soup for \$1.95

## Pizza

8-inch personal pizza on a Napoli style handmade crust.

Add a Side Salad for \$1.95

**Margharita** - A simple combination of Roma tomatoes, fresh basil, chopped garlic and fresh mozzarella.....\$7.95

**Mediterranean** - Artichoke hearts, sun-dried tomatoes, olives and blend of cheeses.....\$8.95

**Formagio Quarttro** - Four Cheese: Mozzarella, Provolone, Parmesan, and Cherve with our homemade red sauce.....\$7.95

**Ciao Maui** - Prosciutto and Pineapple chunks with homemade red sauce, and mozzarella.....\$7.95

**Portabella Tapenade** - Portabella mushrooms and olive tapenade with mozzarella cheese.....\$8.95

**Prosciutto Novara** - Prosciutto, brie, and thin slices of apples.....\$7.95

**Venzia** - Chicken, bacon, baby spinach, basil pesto, our homemade red sauce, and a blend of cheeses.....\$8.95

**Lucia** - Pepperoni, prosciutto, bacon, our homemade red sauce and mozzarella cheese...\$8.95

**Chicken Pepperoni** - Chicken, pepperoni, sun-dried tomatoes, our homemade red sauce, and a blend of cheeses.....\$8.95

**Chorizo Especial** - Chorizo, roasted red peppers, and garlic with our cheese blend.....\$8.95

**Cheese** - Our homemade sauce and Cheese..\$5.95

**Pepperoni** - Cheese with pepperoni.....\$6.95

## CHECKOUT THE BOARD

Ask About Our Daily Specials



## LATE NIGHT WEEKENDS

Open till 11PM Friday - Saturday

### Panini

Traditional and not-so-traditional Italian style grilled sandwiches made fresh and served with Chips.

Add a Side Salad or Cup of Soup for \$1.95

**Panino Tapenade** - Sun-dried tomato tapenade, fresh mozzarella, and basil on Striato.....\$6.95

**Panino Arrostito Dell' Aglio** - Roasted garlic, chevre, and fruit preserves on Striato.....\$6.95

**Panino Capreses** - Fresh mozzarella, tomatoes, and fresh basil on Striato.....\$6.95

**Portabella Pesto Panino** - Portabella mushroom, basil pesto, and Dijon on Striato.....\$7.95

**Portabella Pepe Rosso** - Portabella mushroom, roasted red peppers and aioli on Striato.....\$7.95

**Gorgonzola Panino** - Tangy gorgonzola cheese, bacon, and tomato on Striato.....\$6.95

**Genoa Pepe Rossa** - Genoa salami, mozzarella, roasted red peppers, and aioli on Striato.....\$6.95

**Panino Brindisi** - Ham, Jarlsberg cheese, apple slices, and Dijon on Sourdough.....\$7.95

**Panino Pescara** - Ham, fresh mozzarella, fruit preserves, and Dijon on Striato.....\$7.95

**Prosciutto Pesto Panino** - Slices of prosciutto, basil pesto, chevre, and tomatoes on Striato.....\$7.95

**Prosciutto Mela** - Thin slices of prosciutto, Jarlsberg cheese, and apple slices on Striato.....\$7.95

**Panino Bolzona** - Roast Beef, gorgonzola, tomatoes, and aioli on Sourdough.....\$7.95

**Panino Catania** - Roast Beef, cheddar cheese, onions, aioli, and Dijon on Sourdough.....\$7.95

**Parmesan Tuna Panino** - White tuna with olive oil, tomato, and parmesan cheese on Striato.....\$6.95

### Panini

**Turkey Artichoke Panino** - Sliced turkey, artichoke hearts, basil pesto, and Jarlsberg Cheese on Striato.....\$7.95

**Turkey Pesto Panino** - Turkey with basil pesto, tomato, parmesan cheese & a touch of Dijon on Striato.....\$7.95

**Panino Imperia** - Turkey, Bacon, Brie, apple slices, and Dijon on Striato.....\$8.95

### Salads

**Clicquot Club Salad** - Mixed organic field greens with Prosciutto, parmesan, dried fruit, walnuts, and our homemade Balsamic Vinaigrette dressing

Small.....\$4.95

Large - with baguette.....\$7.95

**Organic Field Greens** - Fresh mixed organic field greens with parmesan, and our homemade Balsamic Vinaigrette dressing

**Caesar Salad** - Crisp Romaine lettuce, parmesan, homemade eroutons, and Newman's Own® Caesar Dressing.

Small.....\$3.95

Large - with baguette.....\$6.95

Add Chicken or Prosciutto.....\$2.95

**Insalata Nicoise** - White chunk tuna with organic mixed field greens, Nicoise olives, parmesan, balsamic vinaigrette, and baguette.....\$8.95

**Insalata Caprese** - Slices of Fresh Mozzarella, organic mixed field greens, tomatoes, olives, balsamic vinaigrette and baguette.....\$7.95

**Spinach Insalata** - Organic Baby Spinach, fresh berries, roasted almonds, Cherve, citrus vinaigrette dressing, and baguette.....\$8.95

Add a Cup of Soup for \$1.95



## BOX LUNCHES AVAILABLE

Call us - 612-724-4700

### Sandwiches

Hearty sandwiches made fresh and served with Chips.

Add a Side Salad or Cup of Soup for \$1.95

**Hummus Pita** - Our homemade hummus, slices of cucumbers, tomatoes, alfalfa sprouts and organic field greens in a pita.....\$5.95

**Tuna Pita** - Chunk white tuna in a light sour cream with aioli dressing served in a pita with field greens, tomato & alfalfa sprouts.....\$6.95

**Cucumber Veggie** - Slices of cucumber, Roma tomatoes, onion, alfalfa sprouts and Cherve on Multi-Grain.....\$5.95

**Avocado & Tomato** - Ripe avocado slices, Roma tomatoes, organic field greens, onions, alfalfa sprouts, and mayonnaise on Multi-Grain.....\$5.95

**Classic B.L.T.** - Generous stack of crisp bacon, romaine lettuce, Roma tomatoes, and mayonnaise on Multi-Grain.....\$5.95

**Turkey & Avocado** - Sliced Turkey, ripe avocado slices, organic field greens, tomato, alfalfa sprouts, and aioli on Multi-Grain.....\$6.95

**Southwest Turkey Wrap** - Sliced Turkey, black bean hummus, salsa, romaine lettuce, and jack cheese wrapped in a warm flour tortilla...\$5.95

**Three Cheese Sandwich** - Jarlsberg, Cheddar, and Provolone Cheeses with organic field greens, tomatoes, onions, and Dijon on Multi-Grain....\$6.95

**Clicquot Club** - Turkey, Ham, and Bacon, with Jarlsberg, tomatoes, organic field greens, onions, and mayonnaise on toasted Sourdough.....\$7.95

**Dagwood** - Our homemade sun-dried tomato Chicken Salad with crispy Bacon strips, cheddar cheese, tomatoes, organic field greens, onions, and Dijon on toasted Sourdough.....\$7.95

Add Avocado (\$1.50) ◊ Cheese (.75) ◊ Bacon (\$1.50)

### Sandwiches

**Italian Combinazione** - Prosciutto, Genoa salami, mortadella, provolone, romaine lettuce, tomatoes, onions, and vinaigrette on Striato...\$7.95

**Ham & Jarlsberg Sandwich** - Sliced ham and Jarlsberg cheese with organic field greens, tomatoes, onions, mayonnaise, and Dijon on Sourdough.....\$6.95

**Triple Stack Sandwich** - Roast Beef, Turkey, and Ham with Cheddar cheese, organic field greens, tomatoes, onions, mayonnaise, and Dijon on either Sourdough or Multi-Grain.....\$7.95

**Deli Stack Sandwich** - Your choice.....\$6.95

#### - Meats -

Roast Beef ◊ Turkey ◊ Ham ◊ Chicken Salad ◊ Tuna

#### - Cheese -

Provolone ◊ Cheddar ◊ Jarlsberg

#### - Breads -

Multi-Grain ◊ Sourdough ◊ Striato ◊ Pita ◊ Flour Tortilla

#### - Toppings -

Organic Field Greens ◊ Tomatoes ◊ Onions ◊ Alfalfa Sprouts  
Garlic Aioli ◊ Mayonnaise ◊ Dijon Mustard

#### - Extra Toppings -

Avocado (\$1.50) ◊ Hummus (.75) ◊ Bacon (\$1.50)

### Kids Stuff

Simple sandwiches for simple tastes served on Multi-Grain bread with your choice of **Corn Chips** or a small **Fruit Cup** and a small glass of milk

**Kids Deli Sandwich** - with mayonnaise.....\$3.95  
Choose: **Turkey, Ham, or Roast Beef and Cheddar or Provolone**

**Peanut Butter & Jelly** - Organic peanut butter.....\$2.95

**Grilled Cheddar Cheese**.....\$2.95

**Grilled Cheese** - with **Ham or Turkey**.....\$3.95

**Cheese Pizza** - with small glass of milk.....\$5.95

**Pepperoni Pizza** - with small glass of milk.....\$6.95



## BREAKFAST EVERYDAY

Mon - Fri 7:30am to 11am/ Sat - Sun 8am to 2pm

### Soup & Salad Combos

Two Daily Soups to choose from:

- Cup of Soup.....\$2.95
- Bowl of Soup - with baguette.....\$5.95

Soup & Salad- Your Choice of soup and either a small **Field Greens** or **Caesar Salad**

- Cup of Soup & Salad.....\$5.95
- Bowl of Soup & Salad.....\$7.95

1/2 Sandwich Combos- Your Choice of **Soup**, small organic **Field Greens** or **Caesar Salad** with your choice of 1/2 sandwich.

**Choose: Ham, Turkey, Club, or Veggie**

- 1/2 Sandwich & Salad.....\$6.95
- 1/2 Sandwich & Cup of Soup.....\$6.95
- 1/2 Sandwich & Bowl of Soup.....\$7.95

### Sourdough Melts

Hot cheesy grilled sandwiches served with Chips.

- Cheddar Melt.....\$3.95
- Cheddar Melt- with Bacon .....\$4.95
- Cheddar Melt- with Ham or Turkey.....\$5.95

- Three Cheese Melt - Provolone, Fresh Mozzarella, and Cheddar.....\$4.95
- Three Cheese Melt- with Bacon.....\$5.95
- Three Cheese Melt- with Ham or Turkey....\$6.95

Tuna Cheddar Melt- Chunks of white tuna, sharp cheddar and tomatoes on sourdough.....\$6.95

Turkey Bacon Melt- Turkey, bacon, Jarlsberg Cheese, and tomatoes on sourdough.....\$7.95

Ham & Jarlsberg Melt- Ham, Jarlsberg Cheese and tomatoes on sourdough.....\$6.95

### Breakfast Panini

Served Mon - Fri 7:30am till 11am/Sat & Sun 8am till 2pm

**Pomodoro Panino** - Baked Egg, mozzarella, ham, basil, and tomatoes on Striato roll.....\$5.95

**Spinach & Prosciutto Panino** - Baked eggs, with spinach and prosciutto, provolone cheese on a toasted Striato roll.....\$6.95

**Mattina Panino** - Baked Eggs, cheddar cheese, and your choice of Ham, Turkey, or Bacon on toasted Striato roll.....\$5.95

**Bagel Frittata** - Spinach and garlic frittata eggs and provolone served on a warm bagel.....\$4.95

### Simple Breakfast

Served Mon - Fri 7:30am till 11am/Sat & Sun 8am till 2pm

- Oatmeal - a bowl of hot Quaker Oats.....\$2.95
- Oatmeal - with Apples and Brown Sugar....\$3.95

Yogurt Cup - Cup of vanilla yogurt .....\$1.25

Yogurt & Granola Parfait - Vanilla yogurt with our homemade granola mix and walnuts..\$3.95

Yogurt & Fruit Parfait - Vanilla yogurt with seasonal fresh fruit.....\$4.95

Fruit Cup - Seasonal Fruit.....\$3.95

Baked Egg.....\$1.95

Baked Frittata Egg - Spinach & Garlic....\$2.95

Bagel & Cream Cheese.....\$1.95

Toasted Multi-Grain.....\$1.95

Toasted Sourdough.....\$1.95

Bagel & Egg - Eggs on a warm bagel.....\$2.95

Bagel & Egg - with Cheese.....\$3.95

Bagel & Egg - with Cheese and your Choice of **Ham, Turkey, or Bacon**.....\$5.95

Fresh Squeezed Orange Juice (12oz)....\$1.95

Glass of Milk (12oz) - 2%, or Skim.....\$1.50



## GIFT CARDS AVAILABLE

A Tasteful Gift Indeed!

### Brunch Entrees

Served Saturday & Sunday 10am till 2pm

**Bruschetta Uovo** - Fresh Mozzarella between two layers of spinach and garlic frittata style eggs topped with our fresh bruschetta and toasted sliced baguette.....\$8.95

**Tomatillo Burrito** - Tomatillo Salsa, grilled Chicken, Avocado, fresh Cilantro, Baked Egg, Potato, and Sour Cream.....\$8.95

**Smoked Salmon** - Smoked Salmon with a toasted bagel, herb cream cheese, field greens, hard boiled egg and a red onion, tomato, and caper relish.....\$8.95

**Quiche** - homemade vegetable quiche on a bed of organic field greens.....\$5.95

**Prosciutto Parmesan Tostato** - sliced prosciutto and poached eggs, spinach, and potatoes with a jalapeño cream sauce.....\$7.95

**Insalata Tagliato** - chopped romaine lettuce with smoked bacon, gorgonzola cheese, croutons, boiled egg, tomatoes and Caesar dressing.....\$7.95

**Sausage & Cornbread Tostato** - Italian sausage with grilled vegetables, baked eggs, semi sun-dried tomatoes, onions, served over oven fresh cornbread topped with hollandaise sauce.....\$8.95

Add Soup or Side Salad for \$1.95

**Pane Tostato Francese** - Thick slices of Vienna loaf bread battered with eggs and spices grilled golden brown served with a sprinkle of sugar, whipped butter and pure maple syrup.....\$6.95

**Pane Tostato Del Apple Caramel** - Thick slices of Vienna loaf bread battered with eggs and spices grilled golden brown served topped with baked granny smith apple slices, warm caramel sauce, walnuts, and sweet whipped cream.....\$8.95

## WEEKEND BRUNCH

Saturday & Sunday - 10am till 2pm

### Hot & Cold Cereal

Served Mon - Fri 7:30am till 11am/Sat & Sun 8am till 2pm

European Style Cereal served cold or warm

**Italian Muesli** - fresh seasonal berries & cream

**French Muesli** - dried-fruit and vanilla yogurt

**Swiss Muesli** - dried-fruit, steamed milk, honey, and cinnamon (served warm)

Cup.....\$3.95 Bowl.....\$5.95

### Breakfast Piastra

Served Saturday & Sunday 10am till 2pm

**Grande Piastra** - 2 slices of baked eggs, 2 slices of smoked bacon, roasted potatoes, and toasted baguette.....\$6.95

**Frittata Piastra** - 2 slices of baked Spinach & Garlic Eggs, 2 slices of smoked bacon, roasted potatoes, and toasted baguette.....\$7.95

**Prosciutto & Melon Piastra** - Thin slices prosciutto, chunks of ripe melon, served with baguette.....\$7.95

### On the Side

Served Saturday & Sunday 10am till 2pm

Add Soup or Salad.....\$1.95

Organic Field Greens, Caesar, or a Cup of Soup

Add Small Fruit Cup.....\$1.95

2 Slices of Smoked Bacon.....\$1.95

1/2 Baguette Toasted.....\$1.95

Roasted Potatoes.....\$1.95

### Juices, Coffee, and Tea

Fresh Squeezed Orange Juice - 12oz.....\$1.95

Glass of Milk (12oz) - 2%, or Skim.....\$1.50

Weekend Blend Coffee Cup w/ refills.....\$1.50

Weekend Blend Whole Bean 1/2lb.....\$6.99

Weekend Teacup Cup w/ refills (Irish Breakfast).....\$1.75



# THE GREAT OUTDOORS...

Find Yourself in the Garden

## Barista

**Organic - Fair Trade Coffee** (Light, Dark or Decaf)  
12oz.....\$1.50 ◊ 16oz.....\$1.75 ◊ 20oz.....\$2.00

**Del Sol Espresso** - Espresso roast from Spain  
Single.....\$1.50 ◊ Double...\$1.75 ◊ Triple....\$2.00

**Café Cubano** - Cuban Style Espresso (sweet & spicy)

**Café Con Panna** - Espresso & whipped cream  
Single.....\$2.00 ◊ Double...\$2.50 ◊ Triple....\$3.25

**Café Milanese** - Espresso, Dark Chocolate & Heavy Cream  
Single.....\$3.25 ◊ Double...\$3.50 ◊ Triple....\$3.75

**Café Americano** - Espresso & hot water

**Café Latte** - Espresso & Steamed Milk

**Café au Lait** - Dark Coffee & Steamed Milk

**Café Grenada** - Espresso & Dark Roast Coffee

**Café Con Leche** - Cubano Shot & Sweet Milk

**Cappuccino** - Espresso, Steamed Milk, & Foam

**Macchiato** - Espresso & Steamed Milk Foam

**Macchiato Mocha** - Dark Chocolate Macchiato

**Macchiato Mocha Blanc** - White Chocolate

**Macchiato Caramel** - Caramel

**Macchiato Tortue** - Dark Chocolate & Caramel  
12oz Single.....\$2.50 ◊ 16oz Double...\$2.75 ◊ 20oz Triple....\$3.00

**Café Mocha** - Espresso & Dark Chocolate

**Café Mocha Blanc** - White Chocolate

**Café Mocha Tortue** - Dark Chocolate & Caramel

**Café Vienna** - Espresso, Vanilla & Steamed Milk

**Café Breve** - Espresso & Steamed 1/2 & 1/2

**Café Clicquot** - Espresso, Steamed Milk & Spices  
12oz Single.....\$2.75 ◊ 16oz Double...\$3.25 ◊ 20oz Triple....\$3.75

**Café Clicquot** - Espresso, Steamed Milk & Spices  
12oz Single.....\$2.75 ◊ 16oz Double...\$3.25 ◊ 20oz Triple....\$3.75

**Hot Chocolate** - Dark Chocolate & Steamed Milk  
12oz Single.....\$1.75 ◊ 16oz Double...\$2.25 ◊ 20oz Triple....\$2.75

**Lait de Vapeur** - Steamed Milk  
12oz Single.....\$2.25 ◊ 16oz Double...\$2.75 ◊ 20oz Triple....\$3.25

**Lait de Miel** - Steamed Milk, Honey & Spices  
12oz Single.....\$2.50 ◊ 16oz Double...\$3.00 ◊ 20oz Triple....\$3.25

**Choose:** Two Percent, Skim (Non Fat), or Soy (add 50¢)

## Teas

**Teapots** - Your very own teapot.....\$2.25

### ~ Green Teas ~

- ◊ Dragonwell "Lung Chi"
- ◊ Green Mango

### ~ Black Teas ~

- ◊ Earl Grey White Tip
- ◊ Assam Sutrupa (Irish Breakfast)
- ◊ Nilgiri Iyerpadi

### ~ White Teas ~

- ◊ Chinese White Peony
- ◊ Spring Blossoms

### ~ Blended Teas ~

- ◊ Prairie Passion
- ◊ Popped Red Rooibos

### ~ Herbal Teas ~

- ◊ Evening in Missoula
- ◊ Spiced Rooibos Red
- ◊ Hibiscus
- ◊ Peppermint Soother
- ◊ Lazy Susan...

**Spiced Chai** - Black tea and Indian Spices

12oz.....\$2.50 ◊ 16oz...\$3.00 ◊ 20oz....\$3.50

**Seasonal Iced Tea** - Green Mango, Hibiscus, or Assam

◊ 16 oz.....\$2.25 /free refills

## Bottled Beverages

**Orange Crush** (of course).....\$1.75

**Grape Crush**.....\$1.75

**Strawberry Crush**.....\$1.75

**Switch Soda** - Natural Fruit Juice Soda.....\$1.75

- ◊ Strawberry - Watermelon ◊ Apricot - Peach ◊ Black Cherry
- ◊ Cranberry - Ginger ◊ Orange-Tangerine

**Boylan's Natural Soda** - All Natural Soda...\$1.75

- ◊ Cane Cola ◊ Black Cherry ◊ Root Beer ◊ Vanilla Cream Soda

**San Pellegrino Aranciata** (500ml).....\$1.75

**San Pellegrino Limonata** (500ml).....\$1.75

**Lacroix Sparkling Water** (Lime or Plain)..\$1.75

**Santa Lucia** (Sparkling Water -750ml - Italy)...\$2.75

**Ty Nant** (Still Water -750ml - Wales).....\$1.75

**Nantucket Juices** (12oz Apple or Orange).....\$1.95

**Riggs & Forsyth Ginger Ale**.....\$1.75

**Cock 'n Bull Ginger Beer**.....\$1.75

**Coke** ◊ Diet Coke ◊ Sprite (8oz Bottle).....\$1.50